



Sherman E. "Bud" Frost

December 24, 1942 - June 20, 2026

Sherman E. "Bud" Frost

Age 83 of Braidwood, IL, passed away peacefully at his home on Saturday, June 20, 2026.

Born on December 24, 1942, in New Lenox, IL, Bud was the son of Sherman G. and Madge (née Handy) Frost. On May 30, 1980, he married Margaret Wheeler in Coal City, IL, beginning a marriage that would span more than 46 years.

Bud honorably served his country in the United States Marine Corps from July 1961 until August 1963. He attained the rank of Private First Class and served as an infantry rifleman with Company L, 3rd Battalion, 3rd Marines, 3rd Marine Division. During his military service, he spent nearly seven months overseas and was honorably discharged after more than two years of active-duty service.

Following his time in the Marines, Bud worked in maintenance. He enjoyed many things throughout his life, but few brought him more satisfaction than bowling and golf. An accomplished bowler, he achieved the rare feat of bowling several perfect 300 games during his career, an achievement attained by only a small percentage of bowlers. Whether on the lanes or on the golf course, he enjoyed the games he loved and the friendships that came with them.

Above all, Bud cherished his family. He loved spending time with his grandchildren, and great-grandchildren and took great pride in watching his

family grow through the generations. The time he shared with them created memories that will be treasured by those who knew and loved him.

Bud is survived by his wife, Margaret Frost; his four children, Paul S. Frost of Bellevue, NE, Paula Nevois of Fort Wayne, IN, Rhonda (Brandon) Gunning of Galva, IL, and Kimberly (Will) Guisa of Galva, IL; seven grandchildren, Anthony (Chantell) Suggs, Johnny (Joanie) Trussen, Jarod (Sydney) Trussen, Amanda Robinson, Nicholas Nevois, Hannah Nevois, and Miranda Frost; and numerous great-grandchildren.

He was preceded in death by his parents, Sherman G. and Madge Frost, and his brother, Donald Frost.

Bud will be remembered for his love of family, and the many memories he shared with those fortunate enough to know him.

The family wishes to thank the Lightways Hospice staff and their family and friends that tended to Bud in his final days.

In accordance with Bud's wishes, cremation rites have been accorded. No public services are scheduled at this time.

To share memories or offer condolences, please visit Bud's online guestbook at www.rwpattersonfuneralhomes.com or find us on Facebook.

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